

<https://gojacks.com/news/2019/2/11/wrestling-camps-set-for-june.aspx?path=wrestling>
K-HS

https://dwuathletics.com/information/Wrestling_Camps

When: June 3rd-5th, 2019
Where: Burke High School
Gym in Burke, SD.
Schedule: (2019/2020 grade)
1st-6th grade: 9 a.m. – 12 p.m.
7th- 12th grade: 1 p.m.-5 p.m.

Cost: \$75 per Wrestler
(includes t-shirt with registration)
Please email registrations to:

Becky Jones

beckyjones@ffb-sd.com

Name, Grade, T-shirt size
(youth to adult)

MAIL PAYMENT TO:
PO BOX 473 Burke, SD 57523

Checks payable to:
Burke Wrestling Club

*Please register for camp 2 weeks
prior to dates to ensure correct
t-shirt size.*

Burke Wrestling Club

WRESTLING CAMP



Casey Mizow
DWU Head
Wrestling Coach



Zeke Andrade
DWU Graduate Assis-
tant

This years camp will be led by Casey Mizow, head coach for the DWU tigers wrestling program and his graduate assistant Zeke Andrade, who recently graduated from SDSU. Both come with extensive backgrounds in wrestling and bring unique styles that they will be sharing at the camp. They will work to enhance the wrestlers offensive skills from all 3 positions. Working on Drills for skill development both basic and advanced, Scrambling, Hand fighting and ties, match management in a 3 positions, and mat control that is vital to success.

Questions? Please contact Justin Hood
Cell: 605-999-9206
Home: 605-775-2518

~champions are made in the offseason~